

# GA1 ANAMIX JUNIOR

## DESCRIPTION

An unflavoured lysine free, low tryptophan powdered drink mix containing a balanced mix of the other essential and non-essential amino acids, carbohydrate, fat (including docosahexaenoic acid (DHA)), vitamins, minerals, trace elements and fibre.

## INDICATIONS

For the dietary management of proven Glutaric Aciduria Type I (GA1), in children aged one to ten years of age.

## PREPARATION AND ADMINISTRATION

Measure the required amount of water into a container or shaker and add the prescribed amount of GA1 Anamix Junior. Cover and shake until the powder has dissolved. The recommended dilution is 50ml of water plus one sachet (18g) of GA1 Anamix Junior. Best served chilled.

## ADMINISTRATION GUIDELINES

The dosage should be determined by a clinician or dietitian only and is dependent on the age, body weight and medical condition of the patient. The daily intake of protein substitute should be taken in divided doses throughout the day.

## GENERAL PRECAUTIONS

Use under medical supervision. Not for parenteral use. Not suitable for use as a sole source of nutrition. This product should not be used as a sole source of protein but must be given in conjunction with a protein source, to supply the lysine, tryptophan, fluid and general nutrition requirements of the patient in quantities as prescribed by a clinician or dietitian. Only intended for use by patients with GA1.

## STORAGE

Store in a cool, dry place. Once reconstituted, store in a refrigerator and consume within 24 hours.

## PACK SIZE

30 x 18g sachets.

## INGREDIENTS

Dried Glucose Syrup, Dietary Fibres (Oligofructose, Inulin, Resistant Starch, Cellulose, Acacia Gum, **Soy** Polysaccharides), Refined Vegetable Oils (High Oleic Sunflower, Canola, Medium Chain Triglycerides (Palm Kernel and/or Coconut Oil), Sunflower), L-Leucine, Calcium Phosphate Dibasic, L-Glutamine, L-Proline, L-Arginine, L-Valine, L-Isoleucine, Glycine, Flavouring, Magnesium L-Aspartate, L-Threonine, L-Tyrosine, L-Phenylalanine, L-Serine, Tripotassium Citrate, L-Alanine, L-Histidine, Trisodium Citrate, L-Cystine, Maltodextrin, Choline Bitartrate, Calcium Chloride, L-Methionine, Emulsifiers (E472c, Sunflower Lecithin), L-Aspartic Acid, High Docosahexaenoic Acid Single Cell Vegetable Oil, Sodium Chloride, L-Tryptophan, L-Ascorbic Acid, M-Inositol, Taurine, Ferrous Sulphate, L-Carnitine, Zinc Sulphate, DL-Alpha Tocopheryl Acetate, Nicotinamide, Calcium D-Pantothenate, Manganese Sulphate, Copper Sulphate, Thiamin Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Acetate, Antioxidants (E304, E306, E307), Folic Acid, Potassium Iodide, Sodium Molybdate, Sodium Selenite, Chromium Chloride, Vitamin D<sub>3</sub>, Vitamin K<sub>1</sub>, D-Biotin, Cyanocobalamin.



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AVERAGE CONTENTS	UNIT	PER 100G	PER 18G SACHET
<b>Energy</b>	kcal	367	66.1
	kJ	1538	277
<b>Protein</b>	g	28	5
<b>Carbohydrate</b>	g	30	5.4
sugars	g	3.1	0.56
lactose	g	-	-
<b>Fat</b>	g	12.5	2.3
saturates	g	2	0.36
monounsaturates	g	8.2	1.5
polyunsaturates	g	1.8	0.32
DHA	mg	180	32.4
LCT	%	95.4	95.4
LA/ALA	ratio	4:1	4:1
% energy linoleic acid	%	3.2	3.2
% energy $\alpha$ -linolenic acid	%	0.79	0.79
<b>Dietary fibre</b>	g	11.2	2
<b>Minerals</b>			
sodium	mg (mmol)	385 (16.7)	69.3 (3)
potassium	mg (mmol)	613 (15.7)	110 (2.8)
chloride	mg (mmol)	560 (15.8)	101 (2.8)
calcium	mg (mmol)	1348 (33.6)	243 (6.1)
phosphorus	mg (mmol)	885 (28.5)	159 (5.1)
magnesium	mg (mmol)	154 (6.4)	27.7 (1.2)
iron	mg	13.6	2.4
zinc	mg	6.6	1.2
copper	$\mu$ g	780	140
manganese	mg	1.3	0.23
fluoride	mg	-	-
molybdenum	$\mu$ g	35	6.3
selenium	$\mu$ g	38.5	6.9
chromium	$\mu$ g	14	2.5
iodine	$\mu$ g	174	31.3
<b>Vitamins</b>			
vitamin A	$\mu$ g RE (IU)	525 (1748)	94.5 (315)
vitamin D	$\mu$ g (IU)	26.3 (1052)	4.7 (189)
vitamin E	mg $\alpha$ -TE (IU)	10.5 (15.6)	1.9 (2.8)
vitamin K	$\mu$ g	17.5	3.2
thiamin	mg	0.91	0.16
riboflavin	mg	0.91	0.16
niacin	mg (mg NE)	10.3 (13.6)	1.9 (2.5)
pantothenic acid	mg	5.3	1
vitamin B <sub>6</sub>	mg	0.91	0.16
folic acid	$\mu$ g	263	47.3
vitamin B <sub>12</sub>	$\mu$ g	1.6	0.29
biotin	$\mu$ g	14	2.5
vitamin C	mg	52.5	9.5
<b>Others</b>			
choline	mg	280	50.4
myo-inositol	mg	70	12.6
<b>Water</b>			
osmolality	mOsm/kg H <sub>2</sub> O	-	1220
<b>Amino acid profile</b>			
L-Alanine	g	1.46	0.26
L-Arginine	g	2.52	0.45
L-Aspartic Acid	g	2.1	0.38
L-Cystine	g	0.95	0.17
Glycine	g	2.27	0.41
L-Glutamine	g	3.16	0.57
L-Histidine	g	1.46	0.26
L-Isoleucine	g	2.3	0.41
L-Leucine	g	3.9	0.7
L-Lysine	g	nil added	nil added
L-Methionine	g	0.67	0.12
L-Phenylalanine	g	1.78	0.32
L-Proline	g	2.74	0.49
L-Serine	g	1.78	0.32
L-Threonine	g	1.9	0.34
L-Tryptophan	g	0.2	0.04
L-Tyrosine	g	1.79	0.32
L-Valine	g	2.5	0.45
L-Carnitine	g	0.02	0.004
Taurine	g	0.06	0.01

A food for special medical purposes; must be used under strict medical supervision.

For more information contact the Nutricia Care Line:  
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