

EASIPHEN

DESCRIPTION

A phenylalanine free liquid containing a balanced mix of the other essential and non-essential amino acids, carbohydrate, fat, vitamins, minerals and trace elements. Available in Forest Berries flavour.

INDICATIONS

For the dietary management of proven PKU in children over eight years and adults.

PREPARATION AND ADMINISTRATION

Easiphen is best served chilled. Shake well before consumption.

ADMINISTRATION GUIDELINES

The dosage should be determined by a clinician or dietitian only and is dependent on the age, body weight and medical condition of the patient. The daily intake of protein substitute should be taken in divided doses throughout the day.

GENERAL PRECAUTIONS

Use under medical supervision. Not for parenteral use. Not suitable for use as a sole source of nutrition. This product should not be used as a sole source of protein but must be given in conjunction with a protein source, to supply the phenylalanine, fluid and general nutrition requirements of the patient in quantities as prescribed by a clinician or dietitian. Only intended for use by patients with PKU.

STORAGE

Store at room temperature away from sunlight.

PACK SIZE

18 x 250ml tetras.

INGREDIENTS

Water, Sugar, High Oleic Sunflower Oil, L-Lysine Acetate, Calcium Glycerophosphate, L-Leucine, L-Tyrosine, Canola Oil, Flavouring, L-Proline, L-Arginine, L-Valine, Glycine, L-Aspartic Acid, L-Isoleucine, L-Threonine, Dried Glucose Syrup, Flavour Enhancer (E330), Stabilisers (E460(i), E412, E415), L-Serine, L-Histidine, L-Alanine, Magnesium Acetate, Tripotassium Citrate, L-Cystine, N-Acetyl L-Methionine, Emulsifiers (E471, E472(e)), L-Tryptophan, Sodium Chloride, Choline Bitartrate, Trisodium Citrate, L-Ascorbic Acid, **Walnut** Oil, Artificial Sweetener (Acesulfame K), Dipotassium Hydrogen Phosphate, Taurine, Ferrous Sulphate, M-Inositol, Zinc Sulphate, L-Carnitine, Nicotinamide, Manganese Sulphate, DL-Alpha Tocopheryl Acetate, Calcium D-Pantothenate, Copper Sulphate, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Riboflavin, Vitamin A Acetate, Folic Acid, Chromium Sulphate, Sodium Molybdate, Potassium Iodide, D-Biotin, Sodium Hydrogen Selenite, Vitamin K₁, Vitamin D₃, Cyanocobalamin.



EASIPHEN

AVERAGE CONTENTS	UNIT	PER 100ML	PER 250ML
Energy	kcal	65	163
	kJ	275	688
Protein	g	6.7	16.8
Carbohydrate	g	5.1	12.8
sugars	g	4.7	11.8
lactose	g	-	-
Fat	g	2	5
saturates	g	0.3	0.75
monounsaturates	g	1.2	3
polyunsaturates	g	0.4	1
LCT	%	100	100
LA/ALA	ratio	3.6:1	3.6:1
% energy linoleic acid	%	4.2	4.2
% energy α -linolenic acid	%	1.2	1.2
Dietary fibre	g	0.12	0.3
Minerals			
sodium	mg (mmol)	95 (4.1)	238 (10.3)
potassium	mg (mmol)	120 (3.1)	300 (7.8)
chloride	mg (mmol)	95 (2.7)	238 (6.8)
calcium	mg (mmol)	160 (4)	400 (10)
phosphorus	mg (mmol)	115 (3.7)	288 (9.3)
magnesium	mg (mmol)	48.5 (2)	121 (5)
iron	mg	4	10
zinc	mg	2.3	5.8
copper	μ g	230	575
manganese	mg	0.35	0.88
fluoride	mg	-	-
molybdenum	μ g	18.2	45.5
selenium	μ g	8.5	21.3
chromium	μ g	8.5	21.3
iodine	μ g	18.2	45.5
Vitamins			
vitamin A	μ g RE (IU)	121 (403)	303 (1008)
vitamin D	μ g (IU)	1.3 (52)	3.3 (130)
vitamin E	mg α -TE (IU)	0.88 (1.3)	2.2 (3.3)
vitamin K	μ g	11.9	29.8
thiamin	mg	0.23	0.58
riboflavin	mg	0.23	0.58
niacin	mg (mg NE)	2.3 (5.3)	5.8 (13.3)
pantothenic acid	mg	0.85	2.1
vitamin B ₆	mg	0.35	0.9
folic acid	μ g	85	213
vitamin B ₁₂	μ g	0.65	1.6
biotin	μ g	24	60
vitamin C	mg	15	37.5
Others			
choline	mg	54	0.8
myo-inositol	mg	14.6	36.5
Water			
osmolality	mOsm/kg H ₂ O	1130	1130
Amino acid profile			
L-Alanine	g	0.32	0.8
L-Arginine	g	0.6	1.5
L-Aspartic Acid	g	0.56	1.4
L-Cystine	g	0.22	0.55
Glycine	g	0.57	1.4
L-Glutamine	g	-	-
L-Histidine	g	0.34	0.85
L-Isoleucine	g	0.53	1.3
L-Leucine	g	0.91	2.3
L-Lysine	g	0.7	1.8
L-Methionine	g	0.15	0.38
L-Phenylalanine	g	nil added	nil added
L-Proline	g	0.65	1.6
L-Serine	g	0.4	1
L-Threonine	g	0.45	1.1
L-Tryptophan	g	0.18	0.45
L-Tyrosine	g	0.81	2
L-Valine	g	0.59	1.5
L-Carnitine	g	0.006	0.01
Taurine	g	0.036	0.09

A food for special medical purposes; must be used under strict medical supervision.

For more information contact the Nutricia Care Line:
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